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246 CLINICAL FEATURE
Carers’ perceptions of the enhanced recovery programme in colorectal cancer
The enhanced recovery programme (ERP) is widely used, especially within colorectal surgery. It is structured around a patient centred decision making process, and the evidence to support the ERP is well documented. Much of the literature focuses on patients’ perceptions of the ERP, with qualitative evaluation of their experiences. However, the experience of the ERP from a carer’s perspective has yet to be explored. The aim of this paper by Sophy Rymaruk, Julie Williams and Salim Kurriboccus is to evaluate the carer’s perception of their patient undergoing colorectal surgery and the impact of the ERP

251 CLINICAL FEATURE
Emergence delirium
Emergence delirium (ED) is a well-known phenomenon in the postoperative period. However, the literature concerning this clinical problem is limited. This review by Louise Munk, Lars Peter Holst Andersen and Ismail Gogunur evaluates the literature with respect to epidemiology and risk factors. Treatment strategies are discussed. The review concludes that there is a need for guidelines concerning diagnosis and treatment of ED. Risk factors should be investigated further in the clinical setting in the future

255 CLINICAL FEATURE
Effects of food colouring added to 2% chlorhexidine gluconate and 70% alcohol for surgical site antisepsis
This study by Jason Chow, Johnathan Ng and Alvin Pun evaluated the efficacy of food colouring added to CHG in preoperative skin preparation. Two hundred and eight subjects were randomly selected from a population of healthy young adults and were given a questionnaire. They were excluded if they had a known allergy to CHG or food dye, a current infection at the preparation site, or previous preparation with CHG or food dye additive was applied on the subject’s left foot while CHD without the additive was applied on the right. Skin swabs were then taken of both feet and plated on blood agar plates and incubated for 48 hours. Assessment of growth was compared. Patients treated with tinted CHG had around 3.4 times (95% CI: 1.5, 7.8) the risk of a positive bacterial swab compared with those treated with untinted CHG. The efficacy of CHG significantly decreased with food colouring additive. This is consistent with previous studies conducted on similar incompatible substances. In order to have the full efficacy of CHG as a preparation, much thought and care needs to be taken to prevent contamination of the site and substance

258 CLINICAL FEATURE
Scrub skills audit
The aim of this study by Jenny Cuttell was to improve the knowledge and understanding of the evidence which encompasses extended roles and advanced practice for theatre scrub practitioners. The intention was also to develop a local policy and training strategy for advanced roles, benchmarked against professional standards, clinical practice audit, other theatre departments and national frameworks

262 THE NAME BEHIND THE DISEASE
James Parkinson: Parkinson’s disease
Every day we use the eponymous names of many diseases and injuries, but how many of you know much about the person behind the name? Professor Harold Ellis continues this series with James Parkinson